















#### YOUTH AND SPORTS PORTUGUESE SECRETARY

It is with much satisfaction that as State Secretary with the responsibility for youth and sports that I add my support to this great initiative organized by the International Wado Karate-do Association of Portugal, in the city of Braga.

I would like to warmly welcome all those who are involved in the 20<sup>th</sup> European Karate Cup of Wado-Ryu, the athletes and their trainers, the referees, leaders, family members, supporters and spectators that will come from various European countries.



I would like to compliment the association that is promoting this initiative: it is necessary to recognize that the AWIKP has shown, since 1996, the motivation, the dynamism and the technical competency necessary to stimulate and involve the athletes in this sport, and simultaneously, the capacity to organize large events, as was shown with the organization of the 5<sup>th</sup> World Wado-Ryu Karate championships of the WIKF, that took place in 2008 in Braga.

To all who have contributed in many diverse ways to make this event possible, I wish you every success!

**JOÃO PAULO REBELO** 















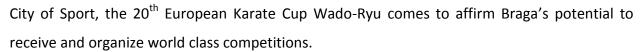
## 20TH EUROPEAN KARATE CUP WADO-RYU WIKE

#### **BRAGA CITY MAYOR**

In July of 2018 Braga will welcome the 20<sup>th</sup> European Karate Cup Wado-Ryu WIKF, an initiative that will bring to the city more than a thousand athletes representing 25 countries, making this one of the most important karate events of the year.

After staging the Wado-Ryu Karate World Championship of WIKF (Wado International Karate Federation) in 2008 and the University Karate World Championship in 2016, Braga will again be in the spotlight with this great sports event.

In the year that the city of Braga was chosen to be the European



Sport has an ever increasing role of great importance in Braga's society due to the great number of sporting agents that take Braga's name to the highest levels, contributing to our being known as a "City of Champions". Thus, 2018 will be a defining year for Braga and an excellent opportunity to show Europe how dynamic we are in relation to sporting events.

I want to wish all the best to everyone that will compete in the 20<sup>th</sup> European Karate Cup Wado-Ryu with the certainty that this will be a memorable event for all enthusiasts and followers of this great sport.

**RICARDO RIO** 















#### YOUTH AND SPORTS PORTUGUESE INSTITUTE PRESIDENT

Wado Ryu International Karate Association – Portugal, member of the Portuguese Karate Federation, is an entity that promotes the expansion and implementation of Karate practice, specially Wado – Ryu style, as well as all its associated values.

The Association already organized in Braga in 2008, with great success the 5<sup>th</sup> WIKF Wado-Ryu Karate world championship.



This world event had a high participation of athletes, coaches, referees, as well as managers and family members.

We applaud and support the realization of this great sports event, the 20<sup>th</sup> European Karate Cup of Wado Ryu Karate, together with other public entities and society for the work done by the sporting agents showing the highest commitment in the association's mission that motivates the Portuguese to new horizons.

In this context we would like to give a very warm welcome to all that will directly or indirectly participate in this great event, which will have a national and international impact and projection. We thank all the athletes, referees, coaches, managers and elements of the organization committee for their participation and efforts. Also we would like to give our thanks to local government, supporters, sponsors and communication channels for their support in this event.

We wish you all the best.

**AUGUSTO BAGANHA** 















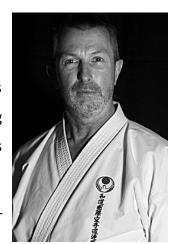
#### WADO INTERNATIONAL KARATE-DO FEDERATION WORLD CHIEF INSTRUCTOR

Dear WIKF family,

It gives me great pleasure to welcome you all to the beautiful and historical City of Braga for our 20<sup>th</sup> European Karate Cup W.I.K.F..

I would like to thank our good friend Joaquim (Tony) Gonçalves and all of his team and members of W.I.K.F Portugal for hosting this event. I know from past experience what hard work this involves.

Let us not forget the hard work of all referees – table officials – staff and all other officials involved in making this event a success.



Thank you for all your time and effort. Without you all our championships could not take place.

Last but of course not least, the competitors who have all trained hard for our 20<sup>th</sup> European Karate Cup WIKF. I would like to thank all of you and wish you all great success, but please remember their can only be a few winners. We are all one WIKF family, so please respect each other in the spirit as laid down by our beloved founder Sensei Tatsuo Suzuki.

Good luck to all of you!

JON WICKS (8<sup>th</sup> DAN)















#### PORTUGUESE KARATE FEDERATION PRESIDENT

Dear participants,

As President of the Portuguese National Karate Federation, it is with great pleasure and extreme pride that I confirm the realization of the 20<sup>th</sup> European Karate Cup Wado-Ryu to take place between the 27<sup>th</sup> - 29<sup>th</sup> of July 2018 in Braga. Portugal.

To the Wado International Karate Association of Portugal, as the responsible entity, the FNK-P would like to once again thank you for the realization of an international event that will contribute to the success of national Karate, unequivocally promoting and developing



this discipline on both the national and international level, showing that Karate as a sport is active in Portugal, making it an asset for everyone.

Congratulations for the ambition, effort and professional manner that has been demonstrated in the realization of this event and I wish you every success.

Greetings to all the participants, leaders, coaches, referees, athletes and their families. I hope you will take advantage of this opportunity to visit Portugal, especially the city of Braga and with your participation make this event as great as the expected competitive results.

I invite you all to join us at this Cup and take this opportunity to thank you for your presence and to welcome you.

**CARLOS SILVA** 















#### WADO INTERNATIONAL KARATE-DO FEDERATION EUROPEAN PRESIDENT

Dear WIKF Family,

I would like to take this opportunity to thank Joaquim Gonçalves, his organizing team and the City of Braga  $\,$  for hosting the  $20^{th}$  European Cup of WIKF.

Also I thank the national karate Federation of Portugal for their support.

I've known from past experience what hard work organizing these Championships involves. Also a big thank you to all Referees, and tournament officials, etc. for their help and time during this event.



I wish all participants every success in this Competition, please remember there can only be a few winners, but it's not all about winning it's about taking part and doing ones best showing good sportsmanship with the true spirit of WIKF.

MATHIEU BEYSEN (8th DAN)















#### **CHAMPIONSHIP DATE**

27<sup>th</sup> - 29<sup>th</sup> of JULY 2018

#### **CITY OF THE EVENT – BRAGA**

Braga is a Portuguese city with more than 2000 years of history, in constant development, growth and expansion. Situated in the north of Portugal, Braga is the capital of the district with an approximated area of 183,4 km², a global population of over 180.000 inhabitants and 137.000 inhabitants in its urban perimeter (3rd² biggest



city of Portugal, just behind Lisbon and Porto), being the center of the region denominated by "Minho", which has at the moment over one million inhabitants. It is a place full of culture and traditions, where history and religion live side by side, with a strong technological industry very connected to the University.

In 2012 it was distinguished as the European Youth Capital, and later in 2016 as Iberian-American Youth Capital. It will be now in 2018 the European City of Sports, and later in 2019 as the headquarters of the Atlantic-Axis Games.

Between the eighth and the tenth centuries, it was invaded by the Arabs, having been totally destroyed. In the eleventh century, it reappears in the "shadow" of the cathedral and the power of the archbishops, lords of Braga.

In the sixteenth century, a humanist, D. Diogo de Sousa, an authentic prince of the Renaissance, archbishop of Braga (1505 to 1532), undertakes the profound transformation of the old medieval city (with 24 streets and 800 houses), both in its urbanism and culture. It enriches the "Sé" (cathedral) with a majestic apse. He opens streets and squares inside and outside the walls of the city (Campo da Vinha, Carvalheiras, Hortas, Remédios). He was the founder of the "Hospital of Saint Mark". He then filled Braga with fountains and sculptures. Teared down the















## 20TH EUROPEAN KARATE CUP WADO-RYU WIKE



great avenue called "Campo de Sant'Ana", now called the Central Avenue, but it is also in this time that the eminently religious characteristics of Braga are accentuated by the founding of innumerable monasteries, convents (S. Frutuoso, Remédios, São Paulo, Pópulo, Salvador, etc.), colleges, seminaries and confraternities. It is this evolution

that strongly influences the mentality and the way of life of the inhabitants of Braga.

In the eighteenth century, the city is noticed by the style of architecture - the Baroque - that marks it deeply. At that time, one man appears to be the greatest genius of "Braga's" art, André Soares. Among other works are the House of the Chamber, the Palace of Lightning and the Church of "Congregados". At that time Braga centralized an important part of the commerce of the dominant rural area. From the nineteenth century onwards, a process of decharacterization and destruction of its historic center began. To this, on the one hand, the French invasions and the liberal struggles, which hit Braga hard with its immense number of robberies, looting and destruction; on the other hand, attempts to "modernize" the city, which led to the destruction of important monuments and the almost total disfigurement of the medieval and sixteenth century city. This destruction, which continues until today, contrasts with the development and with the increase of the importance of Braga, true heart of "Minho".

#### **CONTACTS FOR INFORMATION AND CORRESPONDENCE**

#### AWIKP – ASSOCIAÇÃO WADO INTERNACIONAL KARATE-DO PORTUGAL

- Rua Padre Cruz, n.º 51 r/c 4700-236 Braga – Portugal
- +351 253 691 099 / +351 919 769 570
- @ ecwikf2018@gmail.com

#### **TECHNICAL DIRECTOR OF EVENT – JOAQUIM GONÇALVES**

- +351 919 769 570
- joaquimgoncalves2@gmail.com















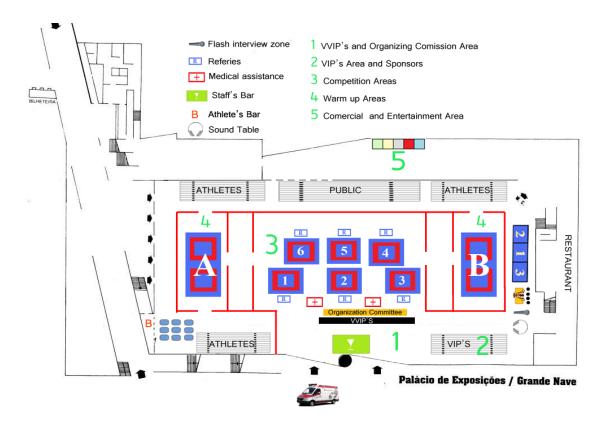
## SPORTS HALL – PARQUE DE EXPOSIÇÕES DE BRAGA

Avenida Dr. Francisco Pires Gonçalves



4711-909 Braga – Portugal



















## 20TH EUROPEAN KARATE CUP WADO-RYU WIKE

#### **SPECIAL TRAINING WITH SENSEI JON WICKS**



25th - 26th July 2018

This will be a unique opportunity for all of the world karate family to train together with Sensei Jon Wicks.

On the other hand, the participation of each and everyone of us, it will represent all of the passion and dedication towards the Wado-Ryu Karate while preserving the spirit of our Grand Master Sensei Tatsuo Suzuki.

- . Wednesday (17h-19h) and Thursday (10h-12h)
- . 1 Day 35,00 €
- . 2 Days 60,00 €

#### **TRAINING**

The teams will have the chance to use the Sports Hall for training, between the 24<sup>th</sup> to the 26<sup>th</sup> July 2018, if requested in the moment of the athletes registration until the 10<sup>th</sup> May 2018, referring the period of use needed, in the appropriate form (attachment).

#### **INSURANCE**

All athletes, coaches, head of delegations and referees should have their own medical insurance and personal trip insurance. Wado Portuguese Karate Association assumes no liability or responsibility for the lack of insurance from participants and members of delegations.

#### **COMPETITION FEES**

All enrolments are obligatory made by means of our organization.

- **❖** INDIVIDUAL KATA 50,00 €
- INDIVIDUAL KUMITE 50,00 €
- **❖** TEAM KUMITE 75,00 €
- **❖** TEAM TANTO DORI 70,00 €















## **ACCOMMODATION HOTEL AND MEAL CONDITIONS**

	HOTEL	SINGLE	DOUBLE ROOM (per person)	TRIPLE ROOM (per person)	Extra BED (per night)	DINNER (per person)
1	**** Mercure (HQ)	80€	55€	No	40 €	20 €
2	*** IBIS Budget	55€	40 €	35 €	No	20 €
3	**** Dom Vilas	55€	40 €	35 €	No	Rest. Costa
4	*** João XXI	55€	40 €	35 €	No	Rest. Cristo Rei
5	*** Hotel D. Sofia	60€	45 €	No	No	No
6	**** Bracara Augusta	90 €	75 €	No	No	25 €
7	*** IBIS Braga	60€	40€	35€	No	No
8	***** Meliá Braga & Spa	115 €	140 €	No	-10 years 25€ +10 years 45€	25 €
9	*** Basic Braga by Axis	50€	35€	30€	No	15 €
10	*** Lamaçães	55€	40€	35€	No	No
11	*** Comfort Inn	55€	40€	No	No	No
12	**** Golden Tulip	80€	55€	45€	-12 years 23€ +13 years 41€	15 €
13	**** Bom Jesus (3)	75€	55€	50€	No	15 €
14	*** Lago	65€	45€	40€	No	15 €
15	*** João Paulo II	60€	40€	35€	No	15 €

- 1. There are a lot of good conditions of hotel accommodation in the center of the town of Braga and food near of sports hall. Please make a reservation with our organization in the appropriate form (attachment);
- 2. The organization will provide lunch quick meals, in the restaurants/bars of the Sports Hall at low cost that will be paid by each person (we will send soon);
- 3. In some hotels it is possible to book dinner.















#### **IMPORTANT DATES**

The organization of this big event will take place in a period of time, in which the occupation of the hotels is at its highest, due to the many tourists that arrive in town.

It is our objective to insure the best logistical conditions, guaranteeing as soon as possible the required rooms in the Hotels fit for the tournament.

Having this in mind, we request of the delegation head representatives that they fill-in and send us the pre-registration form (attachment).

# A) PRÉ-REGISTRATION (Until 10<sup>th</sup> JANUARY 2018)

Please see in the appropriate form (attachment) and send to <a href="mailto:ecwikf2018@gmail.com">ecwikf2018@gmail.com</a>

## B) OFFICIAL RESERVATION AND PAYMENT (Until 10th MAY 2018)

E-mail: ecwikf2018@gmail.com

NAME | Organizing Committee AWIKP

**ADDRESS** | Rua Padre Cruz, nº 51 r/c

4700-236 Braga – Portugal

IBAN PT50003504480000510133090

**BIC** | CGDIPTPL

**BANK** | Caixa Geral de Depósitos

(For International Money transfer use BIC and IBAN codes)

#### C) REGISTRATION - PAYMENT OUT OF DATE - ANY CHANGES

All of the reservations and/or registrations made or any changes, from the 11<sup>th</sup> May 2018 onwards will suffer the following penalties: 15.00€ per person.

There will not be accepted any changes from the 20<sup>th</sup> June 2018 onwards.















## 20TH EUROPEAN KARATE CUP WADO-RYU WIKE

#### TRANSPORTS - TRANSFERS

#### A) **OPORTO AIRPORT** – OFFICIAL HOTELS – **OPORTO AIRPORT**

Transportation of delegation between the **OPORTO AIRPORT** and the official hotels (Braga), and return to Oporto, will be 20.00€ per person.

#### B) HOTEL - SPORTS HALL

- 1. Each athlete will go from the hotel and the sports hall and return preferably on foot, because the hotels are only 5-10 minutes walking distance (Hotel n.º 1 until 7);
- 2. Transfers between the long distance hotels (N.º 8 until 15) and the competition venue will be 20.00€ per person of charge on competition days and the shuttle service will be made in a specific schedule to be determined by the organization of the event, but only 27<sup>th</sup> 29<sup>th</sup> july.

#### **MEDIA TV**

The Portuguese media will be present to cover the event, especially during the opening ceremony and the finals.

It's our goal, to create a specific space for press conferences and/or flash interviews.

#### **CAMERAS AND PHOTOS**

Next to the tatami, it will only be allowed the taking of pictures and videos, to the elements previously accredited by the organization of the event, due to the presence of the Portuguese television. Each country or delegation should use a proper form and ask our organization to allow image capture.

#### **SAYONARA PARTY**

The Party will be held on Sunday, between 22:30 and 01:00, in a fabulous place that will offer great opportunities to share experiences between karate people. The price will be 20.00€ per person. Each country or delegation should have dinner in the predefined locations, moving afterwards to the party location.















## **RULES**

INFANTILE 8-9 Years	INITIATE 10-11 Years	JUVENILE 12-13 Years	CADET 14-15 Years	JUNIOR 16-17 Years	SENIOR 18-34 Years	VETERAN +35 Years
KATA	KATA	KATA	KATA	KATA	KATA	KATA
MALE	MALE	MALE	MALE	MALE	MALE	MALE
INDIVIDUAL	INDIVIDUAL	INDIVIDUAL	INDIVIDUAL	INDIVIDUAL	INDIVIDUAL	INDIVIDUAL
KUMITE	KUMITE	KUMITE	KUMITE	KUMITE	KUMITE	KUMITE
-30kg	-35kg	-45kg	-52kg	-55kg	-60kg	-67kg
+30kg	-40kg	-50kg	-57kg	-61kg	-67kg	-75kg
	-45kg	-55kg	-63kg	-68kg	-75kg	+75kg
	+45kg	-60kg	-70kg	-76kg	-84kg	
		+60kg	+70kg	+76kg	+84kg	
			OPEN	OPEN	OPEN	
FEMALE	FEMALE	FEMALE	FEMALE	FEMALE	FEMALE	FEMALE
INDIVIDUAL	INDIVIDUAL	INDIVIDUAL	INDIVIDUAL	INDIVIDUAL	INDIVIDUAL	INDIVIDUAL
KUMITE	KUMITE	KUMITE	KUMITE	KUMITE	KUMITE	KUMITE
-30kg	-35kg	-45kg	-47kg	-48kg	-50kg	-55kg
+30kg	-40kg	-50kg	-54kg	-53kg	-55kg	-61kg
	-45kg	-55kg	+54kg	-59kg	-61kg	+61kg
	+45kg	+55kg	OPEN	+59kg	-68kg	
				OPEN	+68kg	
					OPEN	
	MALE	MALE	MALE	MALE	MALE	
	TEAM KUMITE	TEAM KUMITE	TEAM KUMITE	TEAM KUMITE	TEAM KUMITE	
	(3 + 1)	(3 + 1)	(3 + 1)	(3 + 1)	(3 + 2)	
	FEMALE	FEMALE	FEMALE	FEMALE	FEMALE	
	TEAM KUMITE	TEAM KUMITE	TEAM KUMITE	TEAM KUMITE	TEAM KUMITE	
	(3 + 1)	(3 + 1)	(3 + 1)	(3 + 1)	(3 + 2)	
			TANTO	DORI	TANTO DORI	TANTO DORI

**Note:** In team events athletes may participate in the category above their own age category (e.g. a 14-15 year old can participate in 16-17 year age category).

In case a category has less than 6 participants, the organization reserves the right to merge a category to a higher weight category.















In <u>INDIVIDUAL KUMITE</u>, each country can enroll a total of <u>5 competitors per category/weight</u>. This tournament will be run according to the WKF rules of competition Kumite. This event is only opened for WIKF members:

- The application of rules will be the responsibility of the Chief Referee KJELL JACOBSON for KUMITE with the assistance of the Portuguese referees with international qualifications of EKF European Karate Federation and WKF World Karate Federation;
- We will have the participation of the best Portuguese referees and judges with national qualifications (FNKP) in Kumite;
- Each country needs to bring a qualified kumite referee with national qualification, EKF or WKF. This was decided in the General Meeting. Countries that don't bring one have to pay a penalty of €500 to WIKF.

In <u>TEAM KUMITE</u>, each country can enroll a total of <u>3 teams per country in different categories</u>.

This event is only opened at WIKF members:

- In the **Initiated** (10-11), **Juvenile** (12-13), **Cadet** (14-15) and **Junior** (16-17) categories the teams should be constituted by <u>3 main competitors</u> + <u>1 alternate competitor</u>. However, it's possible to participate in the competition with only 2 main competitors;
- In **Senior** categories (18-34) the team must be composed by <u>3 main competitors + 2</u> alternate competitors.

**NOTE** — The competitors are **only allowed to participate in their own age category in individuals** but can compete in the age above in team events.















	1 <sup>st</sup> RC	DUND	2 <sup>nd</sup> ROUND
CATEGORY	FEMALE	MALE	FEMALE/MALE
INFANTILE 8-9 Years	PINAN SHODAN	PINAN SHODAN	ONLY PINAN KATAS
INITIATE 10-11Years	PINAN SHODAN	PINAN SHODAN	ONLY PINAN KATAS
JUVENILE 12-13 Years	PINAN GODAN	PINAN GODAN	PINAN KATAS OR KUSHANKU, NAIHANCHI, CHINTO, SEISHAN
CADET 14-15 Years	PINAN YODAN	PINAN YODAN	PINAN KATAS OR SUPERIOR KATAS
JUNIOR 16-17 Years	KUSHANKU	SEISHAN	
SENIOR 18-34 Years	WANSHU	NISHEISHI	ONLY SUPERIOR KATAS
VETERAN +35 Years	BASSAI	JION	

(All katas must be performed as traditional WIKF Katas. Any derivation from this will be heavily penalized)

In <u>INDIVIDUAL KATA</u>, each country can enroll a total of 5 competitors per category. The official rules of WIKF will be used with a numeric score card. This event is only opened at WIKF members:

- Its application and orientation will be the responsibility of Sensei Jon Wicks;
- In the 1<sup>st</sup> round, the competitor must perform the obligatory kata defined in the list for the category;
- In 2<sup>nd</sup> round the competitor must perform a kata of his/her choosing which must be different from the kata performed in the 1st round. In the 2nd round it is obligatory to choose only compulsory katas as defined;
- In case of a Tie, the kata to break the tie must be different from the kata in the previous rounds FOR ALL CATEGORIES.















#### TANTO DORI RULES – SENIOR (18-34) AND VETERAN (+35)

- Maximum 3 (three) teams per country / per category.
- Age participants in Senior (18-34 years) and Veteran (+35 years).
- 2 Members per team can be both gender.
- First: one member of the team must attack with 2 (two) techniques: one technique from number 1 to 5 and one technique from 6 to 10.
- After the second attack the defender must obtain the knife and change the attack: he or she must also do 2 (two) techniques: one technique from number 1 to 5 and one technique from 6 to 10. These must be different to those executed by their team member.
- After the second attack of member two, member one must regain the knife, thereby ending the demonstration.
- There will be two teams: team AKA and team AO; team AKA will start; flag system will be used by referees.
- For those teams making it through to the second round, each team member must again perform 2 separate techniques from 1-10.
- Finals are free and as such finalist may revert to previous techniques.

No repetition of techniques is allowed and any technique previously carried out by the team cannot be used again event if it is carried out by a different team member (with exception of the finals, as mentioned before). Those teams making it through to the second round will have effectively demonstrated 8 out of the 10 possible techniques.

#### TANTO DORI RULES – CADET AND JUNIOR

- Maximum 3 (three) teams per country.
- Minimum age candidacy for participants is 14 years till the age of 17 years old.
- Techniques must be performed with wooden knife (tanto).
- 2 Members per team, can be both gender.
- First one member of the team must attack with 1 (one) technique: technique from number 1 to 10.















## 20TH EUROPEAN KARATE CUP WADO-RYU WIKE

- After the attack the defender must obtain the wooden knife and change the attack: he or she must also perform 1 (one) technique from number 1 to 10. These must be different to those executed by their team member.
- There will be two teams: team AKA and team AO; team AKA will start; flag system will be used by referees.
- For those teams making it through to the second round, each team member must again perform technique different from 1-10, using a previous technique is not allowed.

Finals are free and such finalist may revert to previous techniques.

Each **COACH** must be properly registered in the WIKF and follow the next procedures:

- It is only allowed for 1 coach to be next to the tatami by category, fully dressed with sports garment of its country;
- Each coach must wear, at all times, the official identification accreditation, in order to remain next to the box of action;
- Only 5 coaches per country are allowed in Kumite and Kata;
- It is only allowed the presence of 2 coaches per country, in the general coach reunion.

All the **COMPETITORS** are obliged to present, in the act of the delegation registration, the identity card and the passport of the WIKF. <u>The non presentation of these documents will</u> mean the elimination of the event:

- All the competitors of individual Kumite are obliged to present themselves to weight control in the category that they are registered in. There will be no tolerance in the control of weight;
- It is not permitted the change of category due to the excess or reduction of weight during the control period. The change of weight in any category is possible, free of charge, when properly justified in a requirement elaborated by the head representative of the country or delegation and handed to the organization, before 10<sup>th</sup> May 2018, at nobody's default;
- The organization committee of the event has the responsibility of solving any problems that may occur during the event in consultation with Sensei Jon Wicks;















- Any protest must be charged at the end of a match. Use the official protest form. There is a fee of 200.00€, per protest;
- WKF approved material is NOT mandatory;
- No one can compete without the WIKF badge on their karate-gi, in all disciplines;
- Everybody should have attended at least one course by a member of the technical committee before the next championships. For the Caucasian countries: you can travel to another country or you participate in the TWO DAY seminar in Portugal before the Championships (25/26 July);
- Medal ceremony only in karate-gi, no track suits, no flags, no shoes... **ONLY**TRADITIONAL KARATE-GI.

#### **REGISTRATION FORMS**

All competitors, referees, coaches and officials must register online using the online system on <a href="http://www.sportdata.org">http://www.sportdata.org</a> In case of any questions concerning the online registration please directly contact the Sportdata software team via the email address <a href="mailto:office@sportdata.org">office@sportdata.org</a>.

Delegations are responsible for the quality of the entered registration data. Changes of online registration data are possible until 10<sup>th</sup> May 2018.

Each participating nation is requested to provide 2 national flags (100cm x 150cm) and USB pen with national anthem.

















## **GENERAL INFORMATION**

Time Zone	GMT +0
Currency	Eur (Euro)
Voltage	220Volt/50Hz
Vaccines	Not necessary
Predominant Religion	Catholic
Weather	Summer time, usually around 25º/30ºc
	Stores – 9:00am to 11:00pm.
Shopping Time – Table	Supermarkets/Restaurants – 9:00am to 11:00pm
	Everyday
Credit Cards	VISA, MasterCard, American Express, etc.
Bank Time – Table	8:30am to 3:00pm (Monday to Friday)
Balik Tillle – Table	Closed on the weekend
Cell Phone Companies	MEO, NOS E VODAFONE
	BRAGA HOSPITAL
Hospital	TEL. + 351 253 027 000
	Emergency or Police: 112















## **PROGRAMME**

Wednesday, 25 <sup>th</sup> July							
Time	Activities	Location	Responsable				
15:00 – 16:00	Media Presentation	HQ Hotel	Organization				
17:00 – 22:00	Registration and control Weight	HQ Hotel	Organization				
17:00 – 19:00	Seminar Sensei Jon Wicks	Sports Hall	Organization				

Thursday, 26 <sup>th</sup> Ju	ly		
10:00 - 12:00	Seminar Sensei Jon Wicks	Sports Hall	Organization
10:00 - 18:00	Registration and control Weight	HQ Hotel	Organization
15:00 – 17:00	Kata Referees Meeting	HQ Hotel	Jon Wicks
19:30 – 20:30	Coaches Meeting and Draw	HQ Hotel	Rui Ferreira/JG
19:30 – 20:30	Medical Committee Meeting	Sports Hall	Rui Miranda
21:30 - 23:00	European WIKF Congress Committee Meeting	HQ Hotel	WIKF
Friday, 27 <sup>th</sup> July			
09:00 - 12:30	Eliminations and Repechage Kata	Sports Hall	Organization
12:30 – 13:00	Kumite Referee Meeting	Sports Hall	Kjell Jacobson
13:00 - 14:00	Eliminations and Repechage Tanto-Dori	Sports Hall	Organization
14:00 - 15:00	FINALS Kata and Tanto-Dori	Sports Hall	Organization
15:00 - 18:00	Eliminations and Repechage Individual Kumite	Sports Hall	Organization
18:00 - 19:00	FINALS Individual Kumite	Sports Hall	Organization
19:00 – 19:45	Medals Ceremony	Sports Hall	Organization
Saturday, 28 <sup>th</sup> Jul	у		
09:00 – 16:00	Eliminations and Repechage Individual Kumite	Sports Hall	Organization
16:00 – 16:30	Opening Ceremony	Sports Hall	Organization
16:30 – 18:00	FINALS Individual Kumite	Sports Hall	Organization
18:00 – 19:00	Medals Ceremony Individual Kumite	Sports Hall	Organization
19:00 – 20:00	Eliminations & Repechages Champions Cup	Sports Hall	Organization
20:00 – 20:30	FINALS Champions Cup	Sports Hall	Organization
20:30 – 21:00	Medals Ceremony Champions Cup	Sports Hall	Organization
Sunday, 29 <sup>th</sup> July			
09:00 - 10:00	Eliminations & Repechages Open Kumite	Sports Hall	Organization
10:00 – 15:00	Eliminations & Repechages Kumite Team	Sports Hall	Organization
15:30 – 16:00	FINALS Kumite Open	Sports Hall	Organization
16:00 - 18:00	FINALS Team Kumite	Sports Hall	Organization
18:00 – 18:50	Medals Ceremony	Sports Hall	Organization
18:00 – 18:50 18:50 – 19:00	Medals Ceremony Closing Ceremony	Sports Hall Sports Hall	Organization Organization















### PRE-REGISTRATION FORM 20TH EUROPEAN KARATE WADO-RYU WIKF

(Please send us this information until JANUARY 10<sup>th</sup> 2018)
Each country may register more than one school/group and responsible person

1. PERSON RESPONSIBLE DATE \_\_\_\_/\_\_\_/

Country	School	
Last Name	First Name	
Address	City	
Telephone	Mobile Phone	
E-mail		

#### 2. TRAVEL INFORMATION PREVISION

ARRIVAL to Oporto	by (Mark with x)	DEPARTURE from Oporto by					
Plane Bus	Train Car	Plane Bus	Train Car				
Number of persons		Number of persons					
Date		Date					
Hour		Hour					
Flight Number		Flight Number					
Transfer Oporto Airport-H	Hotel and Hotel-Oporto	Airport YES NO					

# 3. TRAINING (24<sup>th</sup> until 26<sup>th</sup> of JULY 2018)

COUNTRY or SCHOOL	
NUMBER OF COMPE	TITORS
MALE KUMITE	
FEMALE KUMITE	
MALE KATA	
FEMALE KATA	
TANTO-DORI	
OTHER	
TOTAL	

	TRAINING TIME SPORTHALL								
24 <sup>th</sup> JULY	25 <sup>th</sup> JULY	26 <sup>th</sup> JULY							
Time	Time	Time							















## 4. COMPETITORS, REFEREES, COACHES AND OTHER ELEMENTS PREVISION

### **COUNTRY or SCHOOL**

		NU	IMBER OF CON	/PETITO	ORS INI	DIVIDUAL KUM	IITE AN	D KATA	<b>\</b>		
INFAN	TILE		INIT	IATE		JUVE	NILE		CADET		
8-9 Years	2	ð	10-11 Years	2	ð	12-13 Years	9	ð	14-15 Years	9	ð
KATA			KATA			KATA			KATA		
-30 kg			-35 kg			-45 kg			-47 kg		
+30 kg			-40 kg			-50 kg			-54 kg		
			-45 kg			-55 kg			+54 kg		
			+45 kg			+55 kg			-52 kg		
						-60 kg			-57 kg		
						+60 kg			-63 kg		
									-70 kg		
									+70 kg		
									OPEN		
						NUMBER OF K	UMITE	TEAMS	3		
			INIT	IATE		JUVE	NILE		CAI	DET	
			10-11 Years	우	ð	12-13 Years	2	ð	14-15 Years	우	ð
			TEANA			TEANA			TEANA		

JUN	IIOR		SEN	IIOR		VETE	VETERAN		
16-17 Years	φ	♂	18-34 Years	Ŷ.	ð	+35 Years	φ	ð	
KATA			KATA			KATA			
-48 kg			-50 kg			-55 kg			
-53 kg			-55 kg			-61 kg			
-59 kg			-61 kg			+61 kg			
+59 kg			-68 kg			-67 kg			
-55 kg			+68 kg			-75 kg			
-61 kg			-60 kg			+75 kg			
-68 kg			-67 kg						
-76 kg			-75 kg						
+76 kg			-84 kg						
OPEN			+84 kg						
			OPEN						
	NUM	1BER OF K	UMITE TEAMS						
JUN	IIOR		SEN	IOR					
16-17 Years	9	ð	18-34 Years	9	ð				
N.º OF TEAMS			N.º OF TEAMS						

NUMBER OF TANTO DORI TEAMS					
CADET/JUNIOR (14-17 Years)		SENIOR (18-34 Years)		VETERAN (+35 Years)	
N.º OF TEAMS		N.º OF TEAMS		N.º OF TEAMS	

NUMBER OF OTHER ELEMENTS							
COACHES KUMITE		REFEREES EKF-WKF		NATIONAL REFEREES		DOCTORS	
COACHES KATA		JUDGES EKF-WKF		NATIONAL JUDGES		PRESS	
ADMINISTRATION VIPs		DELEGATION HEAD		OTHERS			
PRESIDENT AND LEADERS		TOTAL OF PERSONS FOR THE SAYONARA PARTY					















#### 5. FLIGHT DETAILS

#### **COUNTRY or SCHOOL**

Nr.	LAST NAME	FIRST NAME	POSITION*	ARRIVAL DATE	DEPARTURE DATE
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33		or Co= Coaches De=d			

\*Position: C=Competitor, Co= Coaches, De=delegation Head, P=Presidents leaders of National Federation R=Referees/Judges, D=Doctors, V=VIPs, A=Administration, P=Press, O=Others

Please return this name list together with **term of responsibility and registration form** to by email <a href="mailto:ecwikf2018@gmail.com">ecwikf2018@gmail.com</a>















#### 6. OFICIAL ACCOMODATION

НОТІ	EL NAME PRE	FERENCE					
Nr.	Last Name	First Name	Position *	Room Single (S) Double (D) Triple (T) Extra Bed (E)	Check-in Date	Check-out Date	Sharing room with
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							
<b>17</b>							
18							
19							
20							
21							
22							

<sup>\*</sup>Position: C=Competitor, Co= Coaches, De=delegation Head, P=Presidents leaders of National Federation R=Referees/Judges, D=Doctors, V=VIPs, A=Administration, P=Press, O=Others

7. EXTRA MEALS (We will send soon the particular conditions)

MEALS		YES NO
MEAL	NUMBER OF PERSONS	DATES
Lunch		
Dinner		















## 8. TERM OF RESPONSIBILITY (School/Group)

## Each country may register more than one responsible person per school/group

To be filled, signed and sent back before <b>10</b> <sup>t</sup>	<sup>n</sup> May 2018.
I,	the undersigned, as the responsible
person for the	(School name) from
	ly enrolled to participate in the 20 <sup>th</sup> EUROPEAN
	e held in Braga, Portugal, between 27 <sup>th</sup> and 29 <sup>th</sup> July
•	es, the Rules and the Norms of the WIKF (Wado
•	ite rules WKF (World Karate Federation), pledge
	ons of this before mentioned entity, and I take any
	sponsibilities of whatever happens to our athletes, gation participating in this championship, before,
•	physical injuries, personal expenses, or monetary
•	otels, the venue, means of transportation etc.
	il or criminal responsibilities the organizers of the
Championship, the AWIKP and the Organizi	ng Committee, its directors, as well as any person,
company, or entity related to the event (spo	•
3	e images, photos and the names of our competitors
	e it is considered necessary) for the sport activities
and publications of karate, related to the evo	ent, without any monetary compensation.
COUNTRY/NATION	
SCHOOL NAME / GROUP	
SURNAME and FIRST NAME	
PASSPORT NUMBER and EXPIRATION DATE	
ADDRESS	
PHONE	
E-MAIL	
-:II:	
Fill in, stamp, sign and send to: ecwikf2018	<u>@gmail.com</u>
(Signati	ure and stamp)











